

# STROUD MASTERS SWIMMING CLUB

## RISK ASSESSMENT (November 2021)



What are the hazards?	Who might be harmed (and how)?	What are you already doing?	Risk Rating (if uncontrolled)	Do you need to do anything else to control this risk?	Risk Rating (With control in place)	Action by who?	
						Pool operator provided lifeguard cover	Pool operator does NOT provide lifeguard cover
Ensure safety of swim session, including warm up, main set(s) and swim down	Swimmers – Risk of drowning	Swimmers don't enter the water until a lifeguard is present.	Medium	No	Medium	Pool operator's lifeguard(s)	SMSC Coach and/or NRASTC 'lifeguard(s)  Managed by Committee
	Swimmers – Collision with other swimmer or bottom of pool	No diving except under strict supervision.	Medium	No diving except under strict supervision policy shall be strictly enforced. Awareness of water depth and height of poolside / starting block above water level.	Medium	Pool operator's lifeguard(s)	SMSC Coach and/or NRASTC 'lifeguard(s)
	Swimmers – Collision with other swimmer or end of pool	Control and maintain safe numbers per lane*.  Backstroke flags in place and located 5m from pool ends.  *Unless the NOPs state otherwise, maximum swimmers per lane: 4 (20m pool) 5 (25m pool)	Low	Check with swimmer that – based on the environment - they are confident about diving in.	Low	Pool operator's lifeguard(s)	SMSC Coach and/or NRASTC 'lifeguard(s)
Compliance with pool operators Normal Operating Procedures.	All. <i>(Slips, trip and falls)</i>	Normal Operating Procedures. E.g. No running, keeping fire escapes clear.	Low	Members abide by SMSC 'Members Rules and Conduct' (signed on membership form as being understood by members when joining and each year thereafter)  Coach and NRASTC 'lifeguard(s) ensure compliance.	Low	Pool operator lifeguard(s).	SMSC Coach and/or NRASTC 'lifeguard(s)
Vulnerable people	Under 18-year olds	Is it a strict requirement of our Constitution (see Membership 3.4.1) that members 'Be at least 18 years of age at the date of joining'.	N/a	Membership form requires members to confirm they are at least 18 years of age.	N/a	Membership Secretary (for checking no membership applications are processed for anyone who has not reached their 18 <sup>th</sup> birthday).	

	Over 18-year olds <i>(Other members and guests)</i>	Should the Club accept the membership of a vulnerable adult (18+) the Welfare Officer will be sent on a suitable Swim England safeguarding course.	<b>Low</b>	N/a at present. To be reviewed if vulnerable adult (18+) accepted as member.	<b>Low</b>	Committee
Galas, open-meets and other competitions entered by members.	Swimmers, and where present club officials. <i>(Various)</i>	Swimmers - Members Rules and Conduct' and competition entry forms states terms and conditions of entry.  Club officials - Members Rules and Conduct'.	<b>Low</b>	Meet organiser.  Members are also required to abide by SMSC 'Members Rules and Conduct' (signed on membership form as being understood by members when joining and each year thereafter), and in particular the statement which advises 'Safety is extremely important to us. Each of us has a responsibility for the safety of ourselves and others'.	<b>Low</b>	Pool operator's lifeguard(s).  Individual swimmers, and where present club officials.
Arrival at the pool facility	Swimmers and poolside personnel <i>(Personal safety)</i>	Check the entrance to the pool facility pool is safe.  Where the club's coach or and NRASTC 'lifeguard is the pool facilities key holder (e.g. Archway) advise swimmers to remain in a well-lit place until the key holder arrives. This is particularly important when it is dark  Where vulnerable adults are members of the club ensure they can access the pool facilities, including the route from any parking facility provided by the pool operator. Where obstacles are unavoidable provide assistance to ensure safe entry to the pool facility .	<b>Low</b>	Report any defects e.g. poor lighting and pot holes to the pool operator.  Advise members of this policy.  N/a at present.	<b>Low</b>	Pool operator's lifeguard(s) / staff.  Coach and NRASTC 'lifeguard(s)
Pool facilities	Swimmers, club officials, and guests. <i>(Water</i>	Check: - Where necessary, water quality, cleanliness and	<b>Medium</b>	Ensure the afore mentioned checks are carried out and control measures are in place. Where a hazard is identified, and which can't be controlled, the session shall be cancelled, and the pool operator notified of the hazard.	<b>Low</b>	Pool operator's lifeguard(s) / staff.  Coach and NRASTC 'lifeguard(s)

	<p><i>quality; colliding with other swimmers; slips trips and falls; risk of drowning)</i></p>	<p>temperature</p> <ul style="list-style-type: none"> <li>- Gulley inspection hatches in pool deck are in place and secure.</li> </ul> <p>Ensure:</p> <ul style="list-style-type: none"> <li>- That where the pool operator does not provide lifeguard cover, that lifesaving equipment e.g. throw ropes, buoys and poles, are present. (backstroke flags are present</li> <li>- lane ropes are used where more than 4 swimmers are present.</li> <li>- Lighting is adequate.</li> <li>- Starting blocks are fixed and secure.</li> <li>- The 1st Aid kit is adequately stocked.</li> <li>- Changing rooms are: <ul style="list-style-type: none"> <li>- Clean, and used appropriately.</li> </ul> </li> <li>- Lane ropes are put away unless the next user requests them to be left in place.</li> <li>- Where the pool is not handed over to another approved hirer, the pool is securely locked following use.</li> </ul>					
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Spread of Covid-19 Coronavirus  (Risk rating as per Swim England model)	Health screening	<ul style="list-style-type: none"> <li>Athletes</li> <li>Coaches</li> <li>Volunteers</li> </ul>	High	Members need to complete (updated April 2021 version) Return to Swimming Declaration <a href="https://forms.office.com/Pages/ResponsePage.aspx?id=j4kDpuJ9ukW2fdNftRmyz6k3r-hPIOdPj_k1u0SztT5UMFdWTEFaMzFUUEI0STA4WIVWNTJGRIVESy4u">https://forms.office.com/Pages/ResponsePage.aspx?id=j4kDpuJ9ukW2fdNftRmyz6k3r-hPIOdPj_k1u0SztT5UMFdWTEFaMzFUUEI0STA4WIVWNTJGRIVESy4u</a>	Medium	Coach / NRASTC 'lifeguard(s)	Coach NRASTC 'lifeguard(s)
	Someone becomes unwell during session	<ul style="list-style-type: none"> <li>Athletes</li> <li>Coaches</li> <li>Volunteers</li> </ul>	Low	Isolate individual in first aid room or other suitable area.  Use appropriate PPE supplied by facility.	Low	Pool operator's lifeguard(s) / staff.	Coach and NRASTC 'lifeguard(s)
	Hygiene measures	<ul style="list-style-type: none"> <li>Athletes</li> <li>Coaches</li> <li>Volunteers</li> </ul>	High	Covid-19 Rules communicated to all members in advance.	Medium	Committee	Committee
Morning session specific (NRASTC 'lifeguard(s) are also swimming and Use of Stretchcordz	Swimmers	For further details see: SMSC - Archway Pool (Mornings) Risk Assessment 08/03/20206-2018 for further details SMSC Stretchcordz risk assessment 03/03/2020					

### Version Log

Version	Date	Amended by	Comments
1.0	26/01/2013	Carol Twinning?	New document
2.0	08/03/2020	Richard Searle	Review. New risks added, and some that should not have been listed e.g. ensuring safe passage from public parking area to public facility should not have been covered. Risk of drowning, diving, and and risk of collision separated and rating of: Risk of drowning changed from High to medium (in line with Archway morning's risk assessment), risk of diving from High to Medium, and risk of collision from High to Low.
2.1	10/07/2020	Richard Searle	Update following Covid-19 risk assessment guidance from Swim England. Additional 'risk after control put in place' column added.
3.0	29/04/2021	Richard Searle	Review. No changes.
3.1	12/11/2021	Richard Searle	Review. Deletion of Covid-19 guidance that is no longer applicable.